



... the ideal and globally unique combination of glucosamine for the building of connective tissue and vitamin K2 for controlling of lime deposits.

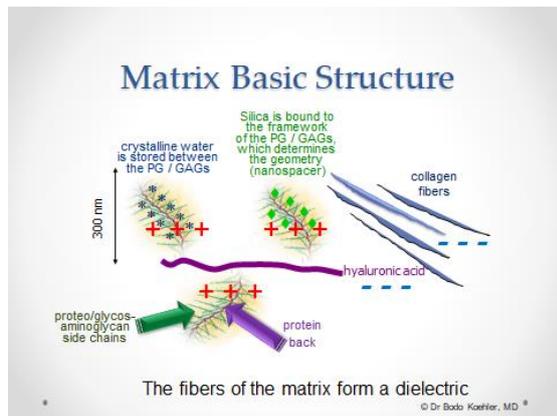
## Connective tissue - the largest and most important organ

Health relies on an intact connective tissue that supplies, disposes of and protects all cells of the organism. On the one hand, it is responsible for posture and mobility (bones, tendons, ligaments, joints), and on the other hand – as the name suggests – it connects all body structures with one another and ensures their functionality. The necessary control is done by the vegetative nervous system. About 80% of the body's cells belong to the connective tissue, which underlines its importance.

## Filigran structure with high functionality

What is interesting is the internal structure, which consists of sugar-protein compounds and contains **silica crystals** that serve as semiconductors. This regulates the vital current flow of the **electrons**, because our cells cannot work without electrical voltage.

The fine structures of the connective tissue (Fig. 1) also serve as filters for the nutrient supply ("molecular sieve"). The constant renewal of these filigran, fern-like structures is therefore a priority.



**Fig.1:** The basic microscopic structure of the connective tissue resembles natural phenomena. The dimensions are in the resonance range of the wavelengths of light, which means that the energy of the sun can be absorbed directly.

## Increasing aging of the connective tissue

In the course of life, not only do metabolic residues and toxins accumulate in the connective tissue, but the necessary regeneration is increasingly lacking. This is due to the forced depletion of an important enzyme (glutamine synthetase), which is why the basic building material **glucosamine** can no longer be produced.

The poorer blood circulation complicates the situation, due to limescale deposits in the blood vessels, but not only there. Even at a young age, joints can calcify (limescale shoulder) or deposits on the tendons can occur. This negative trend can be reinforced by taking "vitamin" D, which is actually a highly effective hormone and has strong effects even in low doses by depositing calcium in the tissue.

## Consequences of the functional restriction

With increasing age, due to this negative development, the functional capacity of the connective tissue decreases more and more, which can be seen in physical clumsiness, painful conditions and progressive aging, among other things shows on the skin, but also in the form of osteoporosis and arteriosclerosis. Because of the associated weakness of the immune system, chronic inflammation can no longer heal and thus prepare the ground for serious secondary diseases.

## The process is reversible!

This negative development can be observed in many people, but it does not have to be accepted! Scientific studies have shown that **vitamin K2** activates so-called GLA proteins, which are able to remove limescale deposits from the tissue, even from the blood vessels. That is the basic requirement for any regeneration. If glucosamine is also added, an undisturbed reconstruction of the connective tissue can take place, with all positive effects on the whole organism.

## Allergy-free good tolerance

Using a special manufacturing process, pure glucosamine can be produced without having to resort to shellfish with their high allergy potential. Since the capsule is also plant-based, a purely vegan product is available for the first time that is tolerable by all people.

# Glukosa-K2®

The original acc. to Dr Bodo Koehler, MD

A vegan quality product from certified German production (GMP, HACCP)!

## Health doesn't have to be expensive!

Due to the high concentration of glucosamine and K2 (after a short start-up phase with 2 x 2 daily) 2-3 capsules a day is sufficient, ideally in the evening. This results in an excellent cost-benefit ratio.

## Product Information:

1 vegan capsule with 1045 mg contains: % NRV\*

• Glucosamine sulfate	600 mg	
• Vitamin C	15 mg	19
• Vitamin K2 (menaquinone-7)	200 µg	267
• Potassium chloride	196 mg	
• Magnesium stearate	10 mg	

\* Percentage of nutrient reference values according to Regulation (EU) No. 1169/2011



## Important instructions:

Contains no allergens. It can influence blood coagulation and blood sugar. If in doubt, ask your doctor.

- 100% pure
- without synthetic colouring
- sugar-free
- without preservatives
- gluten-free, lactose-free, hormone-free, purely vegan

## Ingredients:

Glucosamine sulfate (vegan), vitamin K2 (menaquinone-7), vitamin C, potassium chloride, ascorbic acid, magnesium stearate (release agent, magnesium salts of fatty acids)

## Capsule Composition:

Hydroxypropyl methylcellulose

## General information:

**Original Glukosa-K2® acc. Dr Bodo Koehler, MD**, is a useful addition to your daily diet. It does not contain any harmful additives. **Glucosamine** is a necessary building material for the connective tissue. **Vitamin K2** regulates the calcium distribution, which is important for osteoporosis and for the blood supply.

## Recommended dosage:

Start with 2x2 capsules daily with a meal. After the settling-in phase, 2-3 capsules daily (depending on body weight). The specified daily consumption amount must not be exceeded. The capsules should be taken with a fatty meal or in combination with our Neptune™ Krill Oil - Capsules, PZN: 13333619. There is still too little data for pregnant women and children. Dietary supplements are not a substitute for a balanced, varied diet. Keep out of reach of children.

Dr Bodo Koehler, MD  
- Internist -

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