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KlinSiMag[®] Matrix Regenerator - PZN: 10077475 -



The Original

created by the specialist of internal medicine Dr Bodo Koehler, MD. **KlinSiMag[®]** is a highly effective powder mixture and is characterized by particularly high quality of all ingredients, mainly of volcanic rock "Microlite". There are few mines on the earth only which are not contaminated with lead and arsenic. **KlinSiMag[®]** can score here by special cleanliness. Corresponding test certificates are available. The accompanying **magnesium** has pharma quality and is very well absorbed and metabolized by the cells as citrate.

Free of additives

Intentionally **KlinSiMag[®]** is supplied in powder form. Thus, it is completely free from harmful substances such as hormones, gluten, sweeteners, sugar, lactose and other allergens.

Digestibility

The high magnesium content stimulates peristalsis, which has a positive effect in tendency to constipation. If there starts diarrhea in susceptible individuals, the dose should be reduced.

Support of bodily functions

Despite versatile diet can lead to nutritional deficiencies. This concerns in particular magnesium, because there is a high daily intake (300-600 mg). In stressful situations can rise to almost 2g of consumption. Also silica is indispensable as a trace element for the construction of the connective tissue. It can be found in food, but hardly, except in millet.

Properties of KlinSiMag[®] by Dr Koehler, MD

It is a multi-component preparation and is composed of **silica dioxide** (quartz) of finely ground Microlite (60%) with an extremely large active surface over which an active ion exchange takes place. A daily dose is approximately 1200 sqm. This may bind toxins in the intestine lead to the elimination, even radioactive cesium, cadmium and Jod131.

Furthermore **KlinSiMag[®]** contains a high percentage of **magnesium citrate** (660 mg daily dose), as well as many important **trace elements** as they occur in the earth, namely in the biological balance.

Scientific foundations

Microlite is the "detox expert". The honeycomb-like lattice structure of this volcanic rock has a high detoxification capacity. Therefore Microlite has, among many other positive properties, primarily a cleansing and detoxifying function. Because its main component crystalline **silica dioxide**, it provides the basic building substance of the connective tissue.

Silica therefore is necessary for its construction and essential for the function of the matrix. This represents the so-called "**Basic Regulatory System**" (according to Prof. A. Pischinger) and can be referred to the "foster mother" of the organ cells. Depending on the acid / base balance, it regulates the supply of nutrients and oxygen, but is also responsible at the same time for waste disposal and cell protection. Here exist many immune cells.

But **Microlite** also affects *the vascular system and digestive system*, supports the *renal function*, has *neuropsychological effects*, increases *physical performance*, acts in *rheumatic diseases, fungal diseases, diabetes mellitus, periodontal disease, improves skin quality, creates the organization structure of the connective tissue*, has a *strong purifying effect* (also radioactive substances like cesium and cadmium can be discharged from the body).

To ensure these vital functions, even over long periods of time, constant anabolic regeneration processes are necessary. **Magnesium** is required for this, which has been added in high concentration. **Magnesium** is an essential mineral and is of great importance for the maintenance of essential body functions and metabolic processes for humans. Magnesium is involved in the activation of over 300

enzymes. An adequate supply of magnesium is for example important for the *support and regulation of important nerve and muscle functions*, for *power supply to the body's cells* and for the *preservation of physical resistance*. Magnesium also helps that our heart muscle *applies sufficient energy to supply the cells with blood*. Magnesium is essential for *connective tissue structure (bones and organs)*.

Not only the connective tissue and the bones constantly need magnesium, but also the *immune system, heart, nervous tissue and the thyroid gland*. Magnesium is therefore also an important mineral for coping with stress and lowering high blood pressure.

More magnesium, less calcium

The calcium intake by normal diet exceeds far the daily requirement. As opponent of magnesium it inhibits its multiple functions. Calcium closes the membranes, resulting positive effects in acute situations, e.g. allergy, because it inhibits the immune system. But in event of longer excess of calcium it promotes cardiovascular and degenerative diseases, because it blocks regeneration processes.

Therefore, the intake of magnesium in today's calcium-rich dietary habits is of particular importance.

Why is **KlinSiMag®** recommended by Dr Koehler, MD?

It serves to complement the food with the above-mentioned substances.

All *regeneration processes* are dependent on a sufficiently high supply of silica and magnesium, or are characterized in the first place. This includes all degenerative diseases such as osteoarthritis, osteoporosis (calcium intake inhibits regeneration and weakens the immune system!), but also fractures themselves. Hair, nails and skin also benefit.

Suggested

The powder should be drunk in the morning (1 heaped measuring spoon á 5g) just after getting up and before going to bed at night dissolved in water. But it can also be stirred into yogurt. One day a week should be suspended with the ingestion, mostly Sundays. In order for a habituation effect is excluded.

Because of possible interactions with medications an interval of half an hour should be respected. It is advisable to carry out a **3-month cure** with **KlinSiMag®** to maintain good health up to 2x per year (equivalent to 4 cans of 200g). In case of serious illness **KlinSiMag®** should be taken without interruption 2 x daily.

Side effects

The high magnesium content can accelerate intestinal transit, which usually is not a disadvantage, but can be avoided by dose reduction, if diarrhea should occur. The powder should not be inhaled in order to avoid irritation of the mucous membranes.

Legal notices

The daily dose should not be exceeded. **KlinSiMag®** should keep out of reach of children. **KlinSiMag®** not replaces visits to the doctor and is in no way a substitute for necessary changes in lifestyle. Healthy, biologically valuable and varied diet, regular exercise and a positive orientation of the psyche are the basic requirements of health or for any healing process and require the active participation.

Dr Bodo Koehler, MD
Specialist for Internal Medicine

There are deliberately no statements made about the effects of KlinSiMag® as a whole product, as they are not documented by the gold standard of conventional medicine by double-blind studies and are therefore considered scientifically not generally accepted. State 12/2018

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