

# User information for Glukosa-K2® - PZN: 13874723 -



... the ideal and worldwide unique combination of glucosamine for the development of connective tissue and vitamin K2 to control calcium deposits.

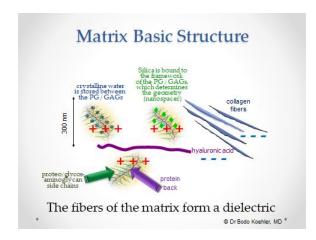
# Connective tissue - the largest and most important organ

Health depends on intact connective tissue that supplies, removes and protects all cells of the organism. On the one hand, it is responsible as a supporting apparatus for posture and mobility (bones, tendons, ligaments, joints), on the other hand – as the name suggests – it connects all body structures with each other and ensures their functionality. The necessary control is carried out by the vegetative nervous system. About 80% of the body's cells belong to the connective tissue, which underlines its importance.

# Filigree structure with high functionality

The inner structure, which consists of sugar-protein compounds and contains silica crystals that serve as semiconductors, is interesting. This regulates the vital current flow of the electrons, because our cells cannot work without electrical voltage.

The fine structures of the connective tissue (Fig.1) also serve as a filter for the nutrient supply ("molecular sieve"). The constant renewal of these filigree, fern-like structures is therefore a priority.



**Fig. 1:** The microscopic basic structure of the connective tissue is similar to phenomena in nature. The dimensions are in the resonance range of the wavelengths of light, with which the life information of the sun can be recorded directly.

# Increasing aging of the connective tissue

In the course of life, not only do metabolic residues and toxins accumulate in the connective tissue, but the necessary regeneration is increasingly lacking. This is due to the increasing impoverishment of an important enzyme (glutamine syntetase), which is why the basic building material glucosamine can no longer be produced.

To make matters worse is the poorer blood circulation due to calcium deposits in the blood vessels, but not only there. Even at a young age, joints can become calcified (e.g. shoulder) or deposits on the tendons. This negative trend can be intensified by the intake of "vitamin" D, which is actually a highly effective hormone and has strong effects even in small doses by relocating calcium into the tissue.

# Consequences of the functional restriction

With increasing age, due to this negative development, the functionality of the connective tissue decreases more and more, which results in physical clumsiness, painful conditions and progressive aging, among others on the skin, but also in the form of osteoporosis and arteriosclerosis. Because of the associated weakness of the immune system, chronic inflammations can no longer heal and thus prepare the ground for serious secondary diseases.

#### The process is reversible!

This negative development can be observed in many people, but it does not have to be accepted! Scientific studies have shown that vitamin K2 activates so-called GLA proteins, which are able to loosen calcium deposits from the tissue, even from the blood vessels. That is the basic requirement for every regeneration. If glucosamine is also added, the connective tissue can be rebuilt undisturbed, with all the positive effects on the entire organism.

#### Allergen-free, good tolerance

Through a special manufacturing process, pure glucosamine can be produced without having to resort to shellfish with their high allergy potential. Since the capsule is also plant-based, this is the first time that a purely vegan product is available that everyone can tolerate.



# The Original according Dr Bodo Koehler, MD

# Health doesn't have to be expensive!

Due to the high concentration of **glucosamine** and **vitamin K2**, only 2-3 capsules per day are sufficient. This results in an excellent cost-benefit ratio.

# 1 vegan capsule with 1045 mg contains: % NRV\*

•	Glucosamine sulfate	600 mg	
•	Vitamin C	15 mg	19
•	Vitamin K2 (Menachinon-7)	200 μg	267
•	Potassium chloride	196 mg	

<sup>\*</sup> Percentage of nutrient reference values according to Regulation (EU) No. 1169/2011

Magnesium stearate



## **Important notes:**

Does not contain allergens. An influence on blood coagulation when taking anticoagulant medication as well as on blood sugar is possible. In case of doubt, please consult your doctor.

10 mg

- 100% pure
- without synthetic colouring
- without sugar or sweeteners
- without preservatives
- gluten-free, lactose-free, hormone-free, purely vegan

#### **Capsule composition:**

Hydroxypropyl methyl cellulose

## **General information:**

Original **Glukosa-K2®** according to **Dr Bodo Koehler, MD** is a useful addition to the daily diet. It does not contain any harmful additives. **Glucosamine** is a necessary building material for connective tissue. **Vitamin K2** regulates the calcium distribution, which is important in osteoporosis and for the blood vessels.

# **Consumption recommendation:**

Start with 2 - 3 capsules daily with a meal (depending on body weight). If you are overweight, the dose can be increased accordingly (about 10 mg glucosamine / kg body weight). The specified daily consumption must not be exceeded. The capsules should be taken with a fatty meal or in combination with our **Neptune Krill Oil capsules**, **PZN: 13333619.** There is still too little data on pregnant women and children. Dietary supplements are not a substitute for a balanced, varied diet. Keep out of reach of children.

# A vegan quality product from certified German production (GMP, HACCP).

Dr Bodo Koehler, MD

- Specialist in internal medicine -

There are deliberately no statements made about the effects of Glukosa-K2® as a total product, since they are not proven by double-blind studies according to the gold standard of conventional medicine and are therefore not generally recognized scientifically.

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Distribution: SoluMed - Münchener Straße 47 - D-82131 Gauting Hotline: Tel. +49 / (0)89 / 895 57 963 - Fax: +49 / (0)89 / 895 57 964 - email: info@solumed.eu | www.solumed.eu



